

Southwestern Christian School Athletics

A Ministry of First Christian Church



Dear Parents,

Southwestern Christian School believes that athletics are an extension of our mission to develop Christ-centered students through character, discipline, teamwork, and service. Participation in athletics is a privilege that carries academic, behavioral, and service expectations. Our athletic program relies on the partnership and support of families to operate successfully while reflecting our commitment to excellence, sportsmanship, and faithful stewardship.

Your child has expressed an interest in participating in one or more sports teams this year. To be eligible for participation, all required athletic forms - including the Travel Consent Form, Player Code of Conduct, Parent Code of Conduct, Medical Information Form, and Athletic Policies Agreement - must be completed and submitted online or returned to the school office by the registration deadline for the applicable sports season.

A non-refundable athletic participation fee of \$75 per student, per sport is required before the start of each season. This fee helps offset the costs associated with uniforms, equipment, officials, league fees, and other program expenses.

In addition, each athletic family is required to either contribute one (1) volunteer hour per athlete, per sport, or pay a \$50 donation per athlete per sport to the athletics program to help cover costs that would normally be supported by volunteers.

If you have any questions regarding the athletic program or are interested in serving as a coach, assistant coach, referee, or volunteer, please contact Mrs. Townley at ktownley@swcslions.org.

We appreciate your support and partnership as we work together to provide a rewarding, competitive, and Christ-centered athletic experience for our students.

In Christ,

Deborah Guerrero
Principal - Southwestern Christian School

Player/Parent/Guardian/Medical Information

At least one parent or guardian's information as well as an additional emergency contact is required.

Athlete First and Last Name: _____

Athlete Date of Birth: _____ Height: _____ Weight: _____ Teacher: _____ Grade: _____

Hair: _____ Eyes: _____ Sex () Male () Female Home Phone: _____

Home Address: _____

1 Parent/Guardian Name: _____

Phone Number _____ Email Address _____

2 Parent/Guardian Name: _____

Phone Number _____ Email Address _____

Emergency Contact Name: _____

Phone Number _____ Email Address _____

Relation _____

Physician's Name: _____ Phone: _____

Is the applicant covered by any hospitalization or medical care policy? Yes _____ No _____

Insurance company issuing policy _____

Policy or certificate # _____ Group # _____

List any known allergies: _____

List all medications the student is currently taking:

_____ Dosage: _____

_____ Dosage: _____

Does the student have any physical, learning, or behavioral disabilities or chronic disorders: Yes _____ No _____

If yes, please explain: _____

Athletics Financial Agreement

Athlete's First and Last Name: _____

Athlete's Date of Birth: _____ Age: _____ Grade: _____

Sport	Sign-Up	Interested	Preferred Payment		
<i>\$75 per sport</i>	<i>Commits to payment now</i>	<i>Requests Reminder</i>	Cash	Check	ESA
Q1 Girls Softball			☐	☐	☐
Q1 Boys Volleyball			☐	☐	☐
Q2 Girls Basketball			☐	☐	☐
Q2 Boys Soccer			☐	☐	☐
Q3 Girls Soccer			☐	☐	☐
Q3 Boys Basketball			☐	☐	☐
Q4 Girls Volleyball			☐	☐	☐
Q5 Boys Flag Football			☐	☐	☐
7/8 Girls Powder Puff (<i>unk \$</i>)			☐	☐	☐

Family Commitment (select one)

☐ At least one hour of volunteer time per sport played

☐ \$50 donation per sport played

Parent/Guardian Name Printed _____

Parent/Guardian Signature _____ Date _____

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ATHLETIC POLICIES

1. Registration Requirements

- The following items must be submitted by the registration deadline set in advance by the Athletic Director:
 - Non-Refundable Athletic Fee
 - SWCS Athletic Registration Packet
 - Sports Physical (kept on file and valid for two (2) school years)
<https://aiaonline.org/files/16936/forms-157-a-d.pdf>
- Students may not participate in practices or scheduled athletic events until all registration requirements have been completed and the applicable participation fee has been paid by the deadline established for each quarter. A \$10 late fee will be assessed for any required forms or documentation submitted after the deadline. If your athlete arrives at practice but registration is not complete, they will be sent to Lions Den. Once practices have begun, late registrations will be considered on a case-by-case basis and the final decision is up to the Athletic Director.
 - 2026-2027 Athletic Registration Deadlines:
 - Q1 - August 14, 2026 - Girls Softball and Boys Volleyball
 - Q2 - October 2, 2026 - Girls Basketball and Boys Soccer
 - Q3 - December 18, 2026 - Girls Soccer and Boys Basketball
 - Q4 - February 26, 2027 - Girls Volleyball and Boys Flag Football

2. Academic Eligibility

- Students must maintain a “C” average (74% or higher) with no failing grades in any class.
- Grades are checked every Monday morning to determine the athletes eligibility for that week.
- The Athletic Director will make the final determination regarding athletic eligibility.

Academic Hold

- Students placed on academic hold may not participate in games or tournaments.
- Students on academic hold are expected to attend and participate in all practices and attend all games (not in uniform). Continued participation in practice allows the athlete to regain eligibility once academic requirements are met.

3. Attendance Requirements

- Students must attend school for the entire school day in order to participate in a practice or game that same day.
- Half-day exceptions will only be granted for medical appointments or similar necessary circumstances and must receive prior approval from the Athletic Director.
- Any unexcused absence from practice may result in a one-game suspension, at the discretion of the head coach and Athletic Director.

4. Dress Code

Shirts: No matter what movement is being made, shirts will cover the entire upper torso (to include the waist, back, shoulders, and chest). Tank tops are okay for athletics; however, they must not be tight-fitting, have spaghetti straps, or be racerbacks. Undergarments must stay covered at all times.

Shorts/pants: shorts must be mid-thigh length or longer. Leggings are allowed only if worn under school approved shorts.

Also, refer to the dress code in the school handbook.

5. Athletics Early Dismissal Policy

- Some of the schools that Southwestern Christian School competes against require additional travel time. In these instances, parents will be notified in advance. All transportation arrangements must be made prior to the day of the event.
- On those game days, student-athletes will be dismissed from class at 3:00 p.m. to change into their uniforms. After dressing out, they are released at the normal dismissal time.
- Any early dismissal from class for school-related athletic activities must follow the procedures outlined above. Students may not leave campus for any reason without approval through the school office. Failure to follow these procedures will result in the absence being recorded as unexcused.

5. Volunteer Requirement

All families with a student-athlete participating in SWCS Athletics are required to complete:

One (1) hour of volunteer service per athlete, per quarter of participation or make a \$50 donation per sport to the athletic department.

This requirement does not apply to any family who is coaching or refereeing for our school during that quarter.

Volunteer Opportunities

Volunteer opportunities will be communicated at the beginning of each athletic quarter. Opportunities may include, but are not limited to:

- Game-day operations
- Scorekeeping or timekeeping
- Concessions
- Event setup or cleanup

It is the responsibility of each family to sign up for and fulfill their required volunteer time within the designated quarter.

6. Communication

Teams: Southwestern Christian School Athletics uses BAND for team communication and updates. Emails and text messages may be sent via the school platform, but BAND will be your quickest way to receive last minute updates.

Family Commitment: Sign-Up Genius will be posted for each quarters volunteer opportunities.

Facebook Page: SWCS Athletics 26-27

7. Schedule/Time Commitment

Practices are typically held after school, Monday-Thursday from 3:30-5:00 PM. In the event of weather concerns (most common in Quarter 1) and/or limited space due to multiple teams, morning practices may be scheduled Monday-Thursday from 6:45-8:00 AM.

Games:

5/6 games are on Monday and Wednesday, 4p-5p at various locations

7/8 games are on Tuesday and Thursday, 4p-5p at various locations

8. Transportation

Transportation to and from practices and games is the parent/guardian responsibility. If there is a conflict, it is the parent/guardians responsibility to make arrangements.

9. Equipment Requirements *(not provided by the school)*

Softball - Water bottle, Cleats, Glove, Athletic Shirt and Shorts/Pants (for practice), Socks (for game, color determined by uniform), gear bag

Volleyball - Water Bottle, Knee Pads, Athletic shoes, shirt and shorts

Soccer - Water Bottle, Shin Guards, Cleats (no toe cleat), Socks (for game, color determined by uniform), gear bag

Basketball - Water Bottle, Athletic shoes, shirt, shorts

Flag Football - Water Bottle, Mouthguard, Athletic Shoes (cleats recommended), shirt and shorts

Acknowledgment

Participation in Southwestern Christian School athletics indicates agreement to comply with all eligibility requirements, attendance expectations, conduct standards, and volunteer commitments outlined in this handbook section.

Athlete Name _____ Class _____

Parent or Guardian Name Printed _____

Parent or Guardian Signature _____

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PLAYER CODE OF CONDUCT

I choose to participate in my school's extracurricular sports program. I agree to abide by the below code of conduct: If there is any violation, I understand that I may be pulled out of a game and/or suspended for an additional game. Further violations may result in a suspension for the season.

1. I will not use any profane language.
2. I will obey my coach and all rules.
3. I will play fair.
4. I will show respect to my team and the opposing team.
5. I will respect the referees/umpires and their decisions.
6. I will demonstrate good sportsmanship in my attitude.
7. I will attend all practices even when on academic hold.

Athlete Name _____

Athlete Signature _____ Date _____

Parent/Guardian Name Printed _____

Parent/Guardian Signature _____ Date _____

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PARENT CODE OF CONDUCT

As a parent/guardian of a student-athlete participating in our school's extracurricular sports program, I understand that my words and actions have a powerful impact on the experience of all athletes, coaches, officials, and spectators. I agree to support the goals of sportsmanship, respect, and teamwork by abiding by the following code of conduct:

1. I will be a positive role model - by demonstrating respect, self-control, and encouragement, I will not use profane, insulting, or negative language toward coaches, players, officials, or other parents (including those from opposing teams)
2. I will respect the coach's authority and decisions, understanding that coaching strategies and player placement are determined by the coach.
3. I will support good sportsmanship by reinforcing positive attitudes and discouraging negative behavior in myself and my child.
4. I will ensure my child attends practices and games and will communicate responsibly with the coach about absences/tardiness.
5. I will address concerns appropriately, following school and team protocols—never during or immediately after games or practices.
6. I will bring my child to and from practices and games, even when on academic hold.

I understand that failure to comply with this Parent Code of Conduct may result in disciplinary action, which may include verbal or written warnings, removal from a game or event, or restriction from attending future activities.

Athlete Name _____

Parent/Guardian Name Printed _____

Parent/Guardian Signature _____ Date _____

Parent/Guardian Name Printed _____

Parent/Guardian Signature _____ Date _____

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TRAVEL CONSENT FORM

Southwestern Christian School has my consent to allow my child
to travel with a coach or team parent to and from team sports games and/or practices.

Athlete Name_____ Class_____

Parent or Guardian Name Printed _____

Parent or Guardian Signature_____

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LIABILITY WAIVER

I RECOGNIZE THAT THERE IS A SIGNIFICANT ELEMENT OF RISK IN ANY ADVENTURE, SPORT, OR ACTIVITY ASSOCIATED WITH THE OUTDOORS. KNOWING THE INHERENT RISKS, DANGERS, AND RIGORS INVOLVED IN THE ACTIVITIES, I CERTIFY THAT I AM FULLY CAPABLE OF PARTICIPATING IN THE ACTIVITIES.

I ASSUME FULL RESPONSIBILITY FOR ANY BODILY INJURY, DEATH, LOSS OF PERSONAL PROPERTY AND COST THEREOF AS A RESULT OF PARTICIPATING IN ANY SCHOOL ACTIVITY.

I ALSO UNDERSTAND THAT SOUTHWESTERN CHRISTIAN SCHOOL RESERVES THE RIGHT TO REFUSE ANY PERSON IT JUDGES TO BE INCAPABLE OF MEETING THE RIGORS AND REQUIREMENTS OF PARTICIPATING IN THE ACTIVITIES. I AGREE THAT ANY DECISION MADE BY A LEADER OF SOUTHWESTERN CHRISTIAN SCHOOL WILL BE BINDING UPON ME.

FURTHERMORE, IF I AM UNAVAILABLE TO MAKE EMERGENCY DECISIONS, I CONSENT TO ANY EMERGENCY, X-RAY EXAMINATION, ANESTHETIC, MEDICAL OR SURGICAL DIAGNOSIS OR TREATMENT, AND HOSPITAL CARE WHICH IS DEEMED ADVISABLE BY AND IS TO BE RENDERED UNDER GENERAL OR SPECIAL SUPERVISION OF ANY PHYSICIAN AND SURGEON LICENSED UNDER PROVISIONS OF THE MEDICINE PRACTICES ACT. IT IS UNDERSTOOD THAT ANY DIAGNOSIS, TREATMENT OR HOSPITAL CARE BEING REQUIRED WILL BE MY FINANCIAL RESPONSIBILITY.

I HAVE READ, UNDERSTOOD, AND ACCEPT THE TERMS AND CONDITIONS STATED HERE AND ACKNOWLEDGE THAT THIS AGREEMENT SHALL BE EFFECTIVE AND BINDING UPON ME DURING THE ENTIRE PERIOD OF PARTICIPATION IN THE ACTIVITIES THROUGH JUNE 2026.

APPLICANT'S PRINTED NAME: _____

APPLICANT'S SIGNATURE: _____

PARENT/GUARDIAN PRINTED NAME: _____

PARENT/GUARDIAN SIGNATURE: _____

DATE SIGNED: _____

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